

Limited Senses

What: An initiative that focuses on communication and leadership dynamics.

Group Size: from 8 on up.

Time: 30 minutes.

Props Required: One blindfold for each participant.

Objective: For the group to line up in numeric order without talking.

Activity Instructions:

Create a clear space in a large area with adequate safety procedures (I like to have several participants or co-facilitators act as buffers). Give each participant a number, instruct them not to share it with anyone, and then blindfold each participant. Tell them that they are not allowed to talk. The goal is to put themselves in numeric order without seeing or talking. The real interesting part is that *you do not give the participants consecutive numbers*. Skip around with little regard to the pattern, for example 1,2,3, 5, 8, 9, 10, 14, 17, 18. You should always have a one and the number that represents the number of participants in the activity.

Ask for questions. Ready, set, go!

Facilitator Notes:

1. Frustration will occur when participants use various methods to communicate, foot stomping, tapping, etc. without finding the missing numbers. You will see some participants give up. After some time, tell the group that there are some missing numbers. You will see leadership emerge, and watch how fast they get it together.
2. Can debrief as leadership or communication or problem solving.